

Flaming Grill Core Menu Autumn Winter 2018

Allergen Information



We prepare our food in kitchens with products containing gluten and nuts as well as other allergens. The allergy data detailed in the table below has been derived from supplier specifications on the allergenic ingredients that have intentionally been added to the final food product. We have taken all reasonable steps to ensure that this table is accurate. We CANNOT guarantee that any product is "100% FREE FROM" any allergen due to the risk of cross-contamination risk in production, supply and preparation.

If you suffer from sensitive trace reactions for stated allergens, please be aware that we are unable to guarantee suitability for you.

Please make yourself known to our staff and inform them of your allergy every time you dine with us, even if you have eaten the dish before, so that every possible precaution can be taken in our kitchens to prevent cross contamination and if product substitutions are in place our staff can make you aware of these.

Please be aware that the information below is provided to us by our suppliers, however due to preparation methods within our kitchens, we are unable to guarantee vegan suitability of our deep-fried products. Our vegan and vegetarian dishes are created using ingredients which have been confirmed suitable by our suppliers, however due to the preparation methods in our kitchens we are unable to confirm the full suitability of these products. Please speak to the team for further information.

** Tree Nuts indicates the presence of the following:- almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts and their respective derivatives

* Gluten is a protein component of wheat, rye, barley, kamut, spelt & oats

How to read our allergen information:-

Yes - Suitable for Vegan/ Vegetarian - This indicated that the information that has been supplied to us indicates that the product is suitable for Vegans/Vegetarian

No- Suitable for Vegan/ Vegetarian - This indicates that the information that has been supplied to us indicates the product is NOT suitable for Vegan/ Vegetarian

No - Is not listed as an ingredient, but please note that absence in the final product cannot be guaranteed due to cross -contamination risks in production, supply and preparation

No* - Indicates that whilst gluten is not a listed ingredient, due to the fryers being used for breaded products there is an increased cross-contamination risk

Yes - Indicates that the product CONTAINS that allergen and is a listed ingredient by the supplier

Please bear in mind when ordering that some dishes have additional choices and therefore this may impact the total dish outcome.

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Flaming Grill - AW18 Core Menu (SS18)	Starters	Nachos Challenge	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Starters	Garlic Ciabatta	Total Allergen Outcome	No	Yes	Yes (Wheat, Rye)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Starters	Garlic Ciabatta with Cheese	Total Allergen Outcome	No	Yes	Yes (Wheat, Rye)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Starters	Nachos	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Starters	Breaded Garlic Mushrooms	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	No	No	Yes	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Starters	Crispy Chicken Strips	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Starters	Topped Waffle Fries - Burger Sauce & Jalapenos	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	No	No	Yes	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Starters	Topped Waffle Fries - BBQ Pulled Pork & Cheese	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Starters	Topped Waffle Fries - Beef Burnt Ends	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Starters	Onion Ring Stackers	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	No	No	Yes	No	No	Yes
Flaming Grill - AW18 Core Menu (SS18)	Starters	Ultimate Sharer	Total Allergen Outcome	No	No	Yes (Wheat, Rye)	No	No	No	No	Yes	No	No	Yes	No	Yes	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Starters	Chicken Wings x 8 - Please choose your sauce option:-	Total Allergen Outcome	No	No	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Starters	BBQ Sauce with Jack Daniels		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Starters	Piri Piri Hot Sauce		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Starters	Texan BBQ Sauce		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Starters	Chicken Wings x 16 - Please choose your sauce option:-	Total Allergen Outcome	No	No	No*	No	No	No	No	No	No	No	No	No	No	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Flaming Grill - AW18 Core Menu (SS18)	Starters	BBQ Sauce with Jack Daniels		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Starters	Piri Piri Hot Sauce		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Starters	Texan BBQ Sauce		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Starters	Bar Snacks - Corn Dogs	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Starters	Sports Platter	Total Allergen Outcome	No	No	Yes (Wheat, Rye)	No	No	No	No	Yes	No	No	Yes	No	Yes	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Starters	Tabasco Sauce Wings Challenge	Total Allergen Outcome	No	No	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Starters	Bar Snacks - Bacon Popcorn with BBQ Dip	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Starters	Topped Chips - Scampi	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	Yes	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Starters	Topped Chips - Beef Burnt Ends	Total Allergen Outcome	No	No	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Starters	Topped Chips - 2 Pork Sausages	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes
Flaming Grill - AW18 Core Menu (SS18)	Starters	Maple Flavoured Root Vegetable Soup Ve	Total Allergen Outcome	Yes	Yes	Yes (Wheat, Barley, Oat, Rye)	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Flaming Grill - AW18 Core Menu (SS18)	Starters	Courgette Rolls	Total Allergen Outcome	Yes	Yes	Yes (Wheat)	No	No	No	No	No	No	No	No	No	Yes	No	Yes	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Hunter's Pizza Steak	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Super Salad	Total Allergen Outcome	Yes	Yes	Yes (Wheat)	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes
Flaming Grill - AW18 Core Menu (SS18)	Mains	Super Salad - 5oz Rump Steak	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes
Flaming Grill - AW18 Core Menu (SS18)	Mains	Super Salad - 2 Chicken Fillets	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites	
Flaming Grill - AW18 Core Menu (SS18)	Mains	Super Salad - Grilled Halloumi	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	Yes	No	No	No	No	Yes	No	No	No	No	No	Yes
Flaming Grill - AW18 Core Menu (SS18)	Mains	Super Salad - Tuna Mayo	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	Yes	Yes	No	No	No	Yes	No	No	No	Yes
Flaming Grill - AW18 Core Menu (SS18)	Mains	Beef Lasagne	Total Allergen Outcome	No	No	Yes (Wheat, Barley, Rye)	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Scampi & Chips - Please choose your pea choice:-	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	Yes	Yes	No	No	No	No	Yes	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Mushy Peas		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Garden Peas		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Fully Loaded Chicken Strips	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	Yes	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Chicken Tikka	Total Allergen Outcome	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	The Codfather XL- Please choose your pea choice:-	Total Allergen Outcome	No	No	Yes (Wheat, Barley, Oat, Rye)	No	No	No	No	Yes	Yes	No	Yes	No	Yes	No	Yes	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Mushy Peas		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Garden Peas		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Steak & Ale Pie - Please choose your choice of side:-	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	Yes	No	Yes	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Chips		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Homestyle Mash		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Hand-Battered Fish & Chips - Please choose your pea choice:-	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	Yes	No	No	No	Yes	No	Yes	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Mushy Peas		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Garden Peas		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Flaming Grill - AW18 Core Menu (SS18)	Mains	Mac 'N' Cheese	Total Allergen Outcome	No	Yes	Yes (Wheat, Rye)	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Flame - Grilled 8oz Gammon Skillet - Please choose from the below options:-	Total Allergen Outcome	No	No	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Plate with no onions		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Skillet with onions		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Fried Egg		No	Yes	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Pineapple Slice		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	10oz Signature Doubled Dipped Ribeye	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Plate with no onions		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Skillet with onions		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	8oz Smothered Rump Steak	Total Allergen Outcome	No	No	Yes (Barley)	No	No	Yes	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Plate with no onions		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Skillet with onions		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	10oz Ribeye Steak	Total Allergen Outcome	No	No	Yes (Barley)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Plate with no onions		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Skillet with onions		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	8oz Sirloin Steak	Total Allergen Outcome	No	No	Yes (Barley)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Plate with no onions		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Flaming Grill - AW18 Core Menu (SS18)	Mains	Skillet with onions		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	8oz Rump Steak	Total Allergen Outcome	No	No	Yes (Barley)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Plate with no onions		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Skillet with onions		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	5oz Rump Steak	Total Allergen Outcome	No	No	Yes (Barley)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Plate with no onions		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Skillet with onions		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Flame-Grilled Beef Burger	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	Yes	Yes	Yes	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Flame-Grilled Beef Burger XL	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	Yes	Yes	Yes	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Flame-Grilled Cheese Burger	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	Yes	Yes	Yes	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Flame-Grilled Cheese Burger XL	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	Yes	Yes	Yes	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Cheesy Chicken Burger	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	Yes	Yes	Yes	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Cheesy Chicken Burger XL	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	Yes	Yes	Yes	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Flame-Grilled Cheese & Bacon Burger	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	Yes	Yes	Yes	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Flame Grilled Cheese & Bacon Burger XL	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	Yes	Yes	Yes	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	All American Chicken Burger	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	Yes	No	No	Yes	No	Yes	Yes	Yes	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Flaming Grill - AW18 Core Menu (SS18)	Mains	All American Chicken Burger XL	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	Yes	No	No	Yes	No	Yes	Yes	Yes	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Signature Stack Burger	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	Yes	Yes	Yes	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	The Veggie One Burger	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	Yes	Yes	Yes	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	The Veggie One Burger XL	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	Yes	Yes	Yes	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Dip it, Drench it Burger	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	Yes	Yes	Yes	Yes
Flaming Grill - AW18 Core Menu (SS18)	Mains	Dip it, Drench it Burger XL	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	Yes	Yes	Yes	Yes
Flaming Grill - AW18 Core Menu (SS18)	Mains	The Apocalypse Cow Burger	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	Yes	Yes	Yes	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Peppered Mushroom Pie - Please choose your side option:-	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	Yes	No	Yes	No	No	Yes	No	No	No	Yes	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Chips		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Homestyle Mash		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Pub on a Platter	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	Yes	Yes	Yes	Yes
Flaming Grill - AW18 Core Menu (SS18)	Mains	Hunter's Chicken Skillet	Total Allergen Outcome	No	No	No*	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Plate with no onions		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Skillet with onions		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Hunter's Chicken Skillet XL	Total Allergen Outcome	No	No	No*	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Plate with no onions		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites	
Flaming Grill - AW18 Core Menu (SS18)	Mains	Skillet with onions		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Surf & Turf Combo	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Plate with no onions		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Skillet with onions		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Surf & Turf Combo - XL	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Plate with no onions		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Skillet with onions		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Mixed Grill	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	No	No	No	No	No	Yes	Yes
Flaming Grill - AW18 Core Menu (SS18)	Mains	Plate with no onions		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Skillet with onions		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Mixed Grill XL	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	No	No	No	No	No	Yes	Yes
Flaming Grill - AW18 Core Menu (SS18)	Mains	Plate with no onions		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Skillet with onions		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Chicken & Bacon Salad	Total Allergen Outcome	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Southern Fried Chicken Burger	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	Yes	No	No	Yes	No	Yes	Yes	Yes	Yes	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Southern Fried Chicken Burger XL	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	Yes	No	No	Yes	No	Yes	Yes	Yes	Yes	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Flaming Grill - AW18 Core Menu (SS18)	Mains	The Ultimate Hunter's Pizza Steak	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Fajita - 2 Chicken Fillets	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Mexican Bean Burger Ve	Total Allergen Outcome	Yes	Yes	Yes (Wheat, Rye)	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Chickpea & Sweet Potato Curry Ve	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Vegan Fish Fillets & Chips Ve - Please choose your pea choice:-	Total Allergen Outcome	Yes	Yes	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Mushy Peas		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Garden Peas		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Campfire Combo	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	No	Yes	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Fajita - 5oz Rump Steak	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Fajita - Grilled Salmon	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	No	Yes	No	Yes	No	Yes	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Fajita - Grilled Halloumi	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Super Salad - Grilled Salmon	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	No	Yes	No	No	No	No	No	No	Yes
Flaming Grill - AW18 Core Menu (SS18)	Mains	Mexican Bean Burger XL	Total Allergen Outcome	Yes	Yes	Yes (Wheat, Rye)	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	Half Rack of BBQ Pork Ribs	Total Allergen Outcome	No	No	No*	No	No	No	No	Yes	No	No	Yes	No	Yes	Yes	No	No
Flaming Grill - AW18 Core Menu (SS18)	Mains	BBQ Pork Ribs XL	Total Allergen Outcome	No	No	No*	No	No	No	No	Yes	No	No	Yes	No	Yes	Yes	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Chips	Total Allergen Outcome	Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Flaming Grill - AW18 Core Menu (SS18)	Sides	Waffle Fries	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Cheesy Chips	Total Allergen Outcome	No	Yes	No*	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Mac 'N' Cheese	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Grilled Halloumi	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Onion Rings	Total Allergen Outcome	Yes	Yes	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Garlic Ciabatta	Total Allergen Outcome	No	Yes	Yes (Wheat, Rye)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Garlic Ciabatta with Cheese	Total Allergen Outcome	No	Yes	Yes (Wheat, Rye)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Dressed Side Salad	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Naan Bread	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Coleslaw	Total Allergen Outcome	No	Yes	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Corn On The Cob	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	Yes	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Mushrooms	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Sliced Bread	Total Allergen Outcome	No	Yes	Yes (Wheat, Barley, Oat, Rye)	No	No	No	No	No	No	No	Yes	No	No	No	Yes	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Topped Waffle Fries - Burger Sauce and Jalapenos	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	No	No	Yes	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Topped Waffle Fries - BBQ Pulled Pork & Cheese	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Topped Waffle Fries - Beef Burnt Ends	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Flaming Grill - AW18 Core Menu (SS18)	Sides	Sweet Chilli Sauce	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Sour Cream	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Sweet Curry Sauce	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	Yes
Flaming Grill - AW18 Core Menu (SS18)	Sides	Piri Piri Sauce	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Texan BBQ Wings - Steak Topper	Total Allergen Outcome	No	No	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Hunter's - Steak Topper	Total Allergen Outcome	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Peppered Mushrooms - Steak Topper	Total Allergen Outcome	No	Yes	No	No	No	Yes	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	BBQ Sauce with Jack Daniels - Steak Sauce	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Hot Hot Hot! - Steak Sauce	Total Allergen Outcome	No	Yes	No	No	No	Yes	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Peppercorn - Steak Sauce	Total Allergen Outcome	No	Yes	No	No	No	Yes	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Smoked Streaky Bacon - Extra	Total Allergen Outcome	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Beef Burger - Extra	Total Allergen Outcome	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Southern Fried Chicken Fillet - Extra	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Cheese Slice - Extra	Total Allergen Outcome	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Grated Cheese - Extra	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Free Range Fried Egg - Extra	Total Allergen Outcome	No	Yes	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Flaming Grill - AW18 Core Menu (SS18)	Sides	Pineapple Ring - Extra	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Scampi - Extra	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	Yes	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Yorkshire Pudding - Extra	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Beef Dripping Gravy - Extra	Total Allergen Outcome	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes
Flaming Grill - AW18 Core Menu (SS18)	Sides	Extra Mash	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Gravy - Extra	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	Yes	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Chicken Fillet x1 - Extra	Total Allergen Outcome	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Chicken Fillets x2 - Extra	Total Allergen Outcome	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	5oz Rump Steak - Extra	Total Allergen Outcome	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Sub Roll / Wrap - Small Chips - Extra	Total Allergen Outcome	Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Extra Garden Peas	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Extra Mushy Peas	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Extra Baked Beans	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Extra Custard	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Extra Ice Cream Scoop - Please choose your Ice cream flavour choice:-	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Vanilla Ice Cream	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Flaming Grill - AW18 Core Menu (SS18)	Sides	Chocolate Ice Cream		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	Yes	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Extra Nacho Cheese	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Extra Chicken Strips	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Extra Jalapenos	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Extra Onions	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Extra Sausage	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes
Flaming Grill - AW18 Core Menu (SS18)	Sides	Dirty Topper With Bacon, Nacho Cheese Sauce & Jalapenos	Total Allergen Outcome	No	No	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Dirty Topper With Beef Burnt Ends	Total Allergen Outcome	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Dirty Topper With BBQ Pulled Pork & Cheese	Total Allergen Outcome	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Upgrade Chips to Waffle Fries	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Half Rack of Ribs - Steak Topper	Total Allergen Outcome	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Seasoned Fries	Total Allergen Outcome	Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Seasonal Vegetables	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	Yes	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Grilled Halloumi Extra	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Sides	Extra Charcoal Chicken	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Subs & Wraps	Tuna Mayo Melt - Sub / Wrap - Please choose from the below options:-	Total Allergen Outcome	No	No	No	No	No	No	No	Yes	Yes	No	Yes	No	Yes	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Flaming Grill - AW18 Core Menu (SS18)	Subs & Wraps	Tortilla		Yes	Yes	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Subs & Wraps	Sub roll		Yes	Yes	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Flaming Grill - AW18 Core Menu (SS18)	Subs & Wraps	Hunter's Chicken - Sub / Wrap - Please choose from the below options:-	Total Allergen Outcome	No	No	No	No	No	No	No	Yes	No	No	Yes	No	Yes	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Subs & Wraps	Tortilla		Yes	Yes	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Subs & Wraps	Sub roll		Yes	Yes	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Flaming Grill - AW18 Core Menu (SS18)	Subs & Wraps	BBQ Pulled Pork - Sub / Wrap - Please choose from the below options:-	Total Allergen Outcome	No	No	No	No	No	No	No	Yes	No	No	No	No	Yes	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Subs & Wraps	Tortilla		Yes	Yes	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Subs & Wraps	Sub roll		Yes	Yes	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Flaming Grill - AW18 Core Menu (SS18)	Subs & Wraps	Grilled Halloumi - Sub / Wrap - Please choose from the below options:-	Total Allergen Outcome	No	Yes	No	No	No	No	No	Yes	No	No	Yes	No	Yes	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Subs & Wraps	Tortilla		Yes	Yes	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Subs & Wraps	Sub roll		Yes	Yes	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Flaming Grill - AW18 Core Menu (SS18)	Desserts	The Epic Choctastic Sundae	Total Allergen Outcome	No	Yes	Yes (Wheat, Barley)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	No
Flaming Grill - AW18 Core Menu (SS18)	Desserts	Sticky Toffee Pudding	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Desserts	Chocolate Fudge Cake - Please choose your ice cream flavour choice:-	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	No
Flaming Grill - AW18 Core Menu (SS18)	Desserts	Vanilla Ice Cream		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Desserts	Chocolate Ice Cream		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	Yes	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Flaming Grill - AW18 Core Menu (SS18)	Desserts	Cookie Dough Cheesecake	Total Allergen Outcome	No	Yes	Yes (Wheat, Barley, Oat)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	No
Flaming Grill - AW18 Core Menu (SS18)	Desserts	Brain Freeze Challenge	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	No
Flaming Grill - AW18 Core Menu (SS18)	Desserts	Chocolate & Coconut Torte	Total Allergen Outcome	No	Yes	No	Yes (Almonds, Cashew Nuts, Hazelnuts, Walnuts)	No	No	No	No	No	No	Yes	No	No	No	Yes	No
Flaming Grill - AW18 Core Menu (SS18)	Desserts	Cherry Bakewell Tart - Please choose from the below options:-	Total Allergen Outcome	Yes	Yes	No	Yes (Almonds)	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Desserts	Custard		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Desserts	Vanilla Ice Cream		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Desserts	Bramley Apple Pie - Please choose from the below options:-	Total Allergen Outcome	Yes	Yes	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	No	Yes
Flaming Grill - AW18 Core Menu (SS18)	Desserts	Custard		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Desserts	Vanilla Ice Cream		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Desserts	Vegan Chocolate & Coconut Torte	Total Allergen Outcome	Yes	Yes	No	Yes (Almonds, Cashew Nuts, Hazelnuts, Walnuts)	No	No	No	No	No	No	No	No	No	No	Yes	No
Flaming Grill - AW18 Core Menu (SS18)	Desserts	Vegan Cherry Bakewell Tart	Total Allergen Outcome	Yes	Yes	No	Yes (Almonds)	No	No	No	No	No	No	No	No	No	No	No	No
Flaming Grill - AW18 Core Menu (SS18)	Desserts	Vegan Bramley Apple Pie	Total Allergen Outcome	Yes	Yes	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	No	Yes